FROM MY GRANDFATHER TO MY OWN CHILDREN
CONTINUING THE PASSION FOR DENTISTRY

Becoming a dentist came very naturally to me. I always had an inherent plan to go into dentistry, even when I was very young, and that was mostly due to my grandfather.

Growing up, I spent a lot of time at my grandfather’s dental office in Munster, Indiana. He would pick me up after school and drive me back to his office, where I would spend time in the lab and talk with the other dentists who worked there. I was always comfortable being in a dentist’s office and never once felt afraid or nervous. Even as a 5-year-old, I was fascinated with dentistry; I enjoyed watching my grandfather create teeth in his lab, and I even liked the smell of the office. Whenever it came time for my teeth to be cleaned, I was very excited to have my grandfather clean them for me. He always made me feel safe and comfortable.

My grandfather instilled a love of dentistry in me and gave me the ideals to base my own practice on. I knew that when I became a dentist, I wanted my young patients to have fun and positive experiences and leave their appointments with smiles on their faces.

Dental school was my first formal step to becoming the dentist I knew I wanted to be. When I was in high school, I worked as a dental assistant, and once I graduated, I started attending West Virginia University to pursue my dentistry career. However, my parents suggested I become a physical therapist and encouraged me to attend a physical therapy school. While I considered their suggestion, I ultimately decided to finish my undergrad studying biology. During my time as an undergrad, it solidified my determination to become a dentist, and I decided to attend the University of Kentucky College of Dentistry to continue my education and graduated with honors in 1983.

After I received my dental degree, I wanted to start my own practice, just like my grandfather. To help launch my career, I worked as an associate for a well-known dentist, although it wasn’t the best experience for me. I only worked there for nine months, but I remember thinking that I could do a better job at running a practice of my own. That’s exactly what I decided to do. With my grandfather’s love and passion for dentistry and everything I had learned both in and out of dental school, I opened my first office in Lexington off of Clays Mill Road.

My goal in starting Beaumont Family Dentistry was to provide my patients and community with the same care, attention, and comfort that my grandfather provided me. It was never my plan for my business to reach the point where we are now, and I never expected my passion to reach so many. Many of my young patients have told me they also wish to become dentists, and my two children, my son Ryan and daughter Kyle, have both become dentists and work with me at Beaumont Family Dentistry. Just as my grandfather influenced my life, I have instilled that same passion in many others without realizing it.

From my grandfather to me and on to my own patients and even my own children, the enthusiasm for our family dentistry has passed from one person to the next. I am so proud and humbled by what we have been able to accomplish over the past 30 years and more, and I’m excited about what the future will bring.

–Dr. Trish Takacs
Thanks to novel technological advancements, dental science has come a long way since the days of fashioning toothbrushes out of bones and boar hair. Some of the most incredible inventions to enter the field in the last several decades fall within the category of cosmetic dental services. Generally, cosmetic dentistry refers to any dental procedure that enhances a patient’s teeth, gums, and overall smile. Since July has been dubbed Cosmetic Dental Month, what better way to celebrate the fascinating evolution of dentistry than to examine some of the most famous cosmetic dental patients throughout history?

WASHINGTON’S (NOT) WOODEN TEETH
The tall tale of George Washington’s wooden chompers is as enduring as the myth that the young future president chopped down a cherry tree and came clean about his crime. It’s also just as false. According to Live Science, Washington had multiple sets of dentures made of metal alloys, ivory, and even other people’s’ teeth. He was wearing partial dentures in his late 30s, but by the time he was 57, the president had only one tooth left in his mouth.

THE TEETH THAT ‘HELPED WIN WWII’
While most people born with a natural speech impediment make efforts to cover it up, British Prime Minister Winston Churchill believed that his lisp was a necessary part of the war effort. During wartime radio broadcasts, Churchill’s voice was immediately recognizable. So, when he commissioned dental technician Derek Cutlipp to create his dentures, he had them designed to preserve his lisp.

‘GONE WITH THE TEETH’
Not many viewers were aware that one of their first Hollywood crushes, Clark Gable, smiled on screen with a full set of dentures. Due to a bad gum infection in 1933, Gable had to have most of his teeth removed. Rumor has it that while filming “Gone with the Wind,” his costar Vivien Leigh often complained about his foul breath, which was probably caused by his dentures. Halitosis aside, the two were apparently good friends.

Fortunately for today’s patients, dentists now have access to technology that makes cosmetic dentistry an effective and helpful reality.

Beaumont Family Dentistry is made up of a dedicated team of doctors and staff. Each of our team members is highly educated and well-trained in advanced dental techniques to bring the best dental care to our patients and community.

Both Dr. Kyle Golibersuch and Dr. Dustin Mayrand are at our Beaumont location. Dr. Golibersuch graduated from the University of Kentucky (UK) in 2015 and has received a certification in the Chao Pinhole surgical technique. Dr. Mayrand graduated from UK with honors, acquiring the Academy of General Dentistry Award and the Restorative Clinical Achievement Award. After graduating, Dr. Mayrand did a one-year residency program, during which he received training in dental implants, surgical procedures, and IV sedation.

At our Leestown location, we have Dr. Jill Miller and Dr. Erica Higginbotham. Dr. Miller has received advanced training in laser dentistry, cosmetics, endodontics, and implant dentistry. She also has an associate fellowship with the World Clinical Laser Institute and is a proud member of the Kentucky Dental Association, the American Dental Association, and the Bluegrass Dental Association. Dr. Higginbotham was awarded the Quintessence Award in Periodontology and the Award for Oral Diagnosis after graduating from UK College of Dentistry. She has also served as a member of the Kentucky Dental Association, as the secretary for the Kentucky Academy of Cosmetic Dentistry, and as a board member and vice president for the Bluegrass Dental Society over the past ten years.

Dr. Katie Bowen and Dr. Ryan Golibersuch oversee our Hamburg location. Dr. Bowen received awards for her excellence in periodontology and oral pathology from the UK College of Dentistry. She also has a range of specialties, including CEREC, implant dentistry, and Invisalign. Dr. Ryan Golibersuch received his DMD from UK and is IV certified, trained in full mouth reconstruction, as well as Invisalign and Fastbraces. He is currently a regional trainer in CEREC CAD/CAM and 3D cone beam technology.

We are very lucky to have such qualified and dedicated professionals on our team!
INGREDIENTS

- 1 small shallot, thinly sliced
- 4–5 medium tomatoes, preferably heirloom, seeded and cut into wedges
- 6–10 medium basil leaves, cut into ribbons
- 1 tbsp aged balsamic vinegar
- 1 tbsp extra-virgin olive oil
- Salt and pepper, to taste

DIRECTIONS

1. Place shallots in balsamic vinegar for 15 minutes. Drain and pat dry using paper towels.
2. Assemble tomatoes on a plate, top with basil and shallots, and season with salt and pepper.
3. Drizzle olive oil over top of salad and serve immediately.

Inspired by Nom Nom Paleo
Amid the devastation of the wildfires that tore through California in the fall of 2017, a few heroic tales rose up to give people hope. One such tale was of Odin, a loyal Great Pyrenees guard dog. Along with his sister, Tessa, and eight rescue goats, Odin is part of the Hendel family.

It was mid-October when the Hendels were awoken by the smell of smoke, a fierce orange sky, and sounds of destruction — urgent warnings from Mother Nature. Gathering everyone as quickly as they could, the Hendels got their human family members and Tessa in the car, but Odin, seated proudly next to the eight goats, refused to get in. Try as they might, the Hendels could not get him to come with them, and there wasn’t enough room in the car for the eight goats. With the firestorm quickly approaching and the risk of losing even more family members increasing with each passing minute, the Hendels made the heart-wrenching decision to leave Odin and the goats behind.

The family made it to safety with Tessa in tow, relieved to be together but heartbroken that Odin and the goats weren’t with them. After several agonizing days, it was finally safe enough for them to return home and survey the destruction.

What did the Hendels find? Ashes, rubble, their barn and home burned to the ground — and Odin. There he was, still guarding his eight goats and some small deer that had sought shelter with the brave canine. Weakened, burned, and limping, but nevertheless steadfast, Odin had never left his goats, even as the fire raged around them. Odin wagged his tail as he saw his family, happy to see they were also safe.

The Sonoma County Wildlife Rescue and the Goatlandia Animal Sanctuary provided temporary shelter for the goats and pups while the Hendels rebuilt their barn. Odin received all the care he needed, along with a lot of love and treats. Today, Odin and his goats are back with their family, rebuilding their lives after this devastating wildfire. But the Hendels, and anyone who’s heard the story, won’t soon forget the bravery of Odin, the amazing pup.